

# Bitterness Study

1. Why is it so hard to resolve bitter experiences?

Proverbs 14:10

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2. What type of sins actually produce bitterness in the heart?

Proverbs 5:3-6

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Acts 8:18-23

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Lam. 1:2-4

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Proverbs 17:25

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3. What consequences can we expect if bitterness is not dealt with?

Hebrews 12:15

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Ephesians 4:31

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4. Joseph faced three problems that could have led to bitterness:

- A. Sold into slavery
- B. Potiphar lied about his character
- C. Butler forgot him in prison

List the three reasons he was not bitter with his brothers.

Genesis 50:19

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Genesis 50:20

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Genesis 50:21

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5. How would you define bitterness?

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5. Paul gives a list of simple practices that will progress to bitterness, name them.

Ephesians 4:31-32

sins to put off

- a. \_\_\_\_\_
- b. \_\_\_\_\_
- c. \_\_\_\_\_
- d. \_\_\_\_\_
- e. \_\_\_\_\_
- f. \_\_\_\_\_

Qualities to put on

- a. \_\_\_\_\_
- b. \_\_\_\_\_
- c. \_\_\_\_\_

7. Our forgiving others is to be based upon God's forgiving us of our sins and failures. What principles about God's forgiving us do we learn from the following passages?

Ps. 103:12

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Isa. 43:25

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Hebrews 10:17

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Isaiah 55:7

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Jer. 31:34, 33:8

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Matt. 18:21-35

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8. How would you define forgiveness?

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8. How are you to respond to others when you are tempted to be better towards them?

Matt. 5:44

L \_\_\_\_\_

B \_\_\_\_\_

D \_\_\_\_\_

P \_\_\_\_\_

10. List some practical ways to carry out the above instructions towards those that have hurt you.

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